

Fall 2018

NRM 161-T01 CRN-74505

COURSE TITLE: Introduction to Wilderness Leadership

Instructor & Contact Info

Danielle Bessent

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Office Hours- OA office M,W, F 8am-12pm

Office Hours:

Course Description: This course is designed to provide students with the fundamental skills needed to guide a group of individuals in a backcountry environment. Throughout the semester students will develop their technical skills, group management techniques, risk assessment tools, and much more. Course material will focus on current theories and principles used in the outdoor recreation field. The development of a student's hard skills (equipment use, navigation, shelter construction, etc.) and soft skills (leadership, group management, decision making, etc.) will assist in the development of the student's character. The course includes three separate hiking/backpacking trips, which requires students to be prepared physically and mentally.

Course requirements: A significant portion of the course will be spent in the field, thus students must be in good physical condition and prepared physically to hike on rough terrain with a heavy pack for long days. Technical gear such as tents, packs, stoves and sleeping bags are available for free through the Outdoor Adventures office; however the student must provide footwear and personal clothing. This course is designed with the intention of training students to lead wilderness trips in a variety of situations including through the Outdoor Adventures office.

Course goals: Students should leave with the ability to lead a group of their peers into the backcountry, provide a fun and educational experience to them and return them safely at the end of the course.

Grading Policy

NRM 161 is worth 3 credits and each student will be assigned a letter grade.

A = 90+

B = 80 89

C = 70 79

D = 60 69

F = Below 60

Attendance and Participation	100
Paper 1	100
Paper 2	100
Quiz 1	50
Field Experience	300
Final	<u>100</u>
Total	750 possible points

Required Texts:

Kosseff, Alex. (2010). *AMC Guide to Outdoor Leadership*. AMC Books, Boston, MA.

One of the following:

Supplemental readings provided by the instructors

Assignment descriptions

Attendance and Participation (100)

happen. Students will receive a rubric pri

Thursday September 26th

1. Teaching
2. Facilitation
3. Experiential learning
4. Lesson plan

Tuesday October 2nd-

1. Student teaching a lesson
2. Homework- Read Kosseff Chapter 11 (p.201-212)

Thursday October 4th -

1. Expedition Behavi3o5iT255(g)-239(e)]TETBT1 0 0 1 522.12 52.584 Tm0 g8798 Sou7nT Bi45.62DC BT1 0 C

Saturday October 27th -28th

1. Cabin Overnight Ski/Snowshoe Trip- Nancy Lake cabin in AK range.
2. Outdoor Adventures program that is led by students from IWL

Tuesday October 30th -

1. Weekend Debrief
2. Student Driven Topic

Thursday November 1st -

1. Guest Lecture- Career Choice- (Hydrologist with Erica Lamb?)

Tuesday November 6th

1. **Second Paper Due**
2. Wilderness Discussion

Thursday November 8th -

1. Class Debrief
2. Final Exam